

NURSING DIGEST

Official Newsletter – Association of Nurse Executives (India)

Special Edition ANEICON 2025



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Message from the President



Capt Ajitha Nair
President, ANEI

Dear Colleagues,

It is with immense pride that I present to you this special edition of our News Letter focusing entirely on just concluded ANEICON 2025 before we get out of its hangover! In this edition you will get a glimpse of the two days academic and cultural extravaganza unfolded on the 30th and 31st of May 2025 at the picturesque Hotel Grand Hyatt, Kochi, Kerala. Inaugurated by Dr. Rajan N Khobragade, IAS, Additional Chief Secretary, Health and Family Welfare; Govt of Kerala; in presence of Dr. Sona PS, Registrar, Kerala Nursing and Midwifery Council, many distinguished CEOs, Nurse leaders and 600 plus delegates from 18 states of the country.

Focused on the theme "Transformational Leadership: Harnessing Collaboration for a Healthier India"; the most enriching two days delved into the power of collaboration, sustainability and green initiatives, digital transformation, and the leadership challenges in contemporary healthcare. Meticulously curated to engage the delegates both clinically and intellectually, the conference featured renowned personalities from the Govt, the Nursing Council and private sector. ANEI Lifetime Achievement Award was bestowed on our Executive Committee Member and the most deserving Dr. Bimla Kapoor who has made significant contributions to Indian nursing over 50 years—the latest being the Chair of National Nursing and Midwifery Commission Bill which has now become an Act by the same name. Same awards were also conferred to two veteran doctor entrepreneurs for their unmatched contributions to making best healthcare accessible; namely Dr. MI Sahadulla, Chairman and Managing Director of KIMSHEALTH and Dr. NC Borah, Founder and Chairman of GNRC, Guwahati. There were many more awards to the younger nurse leaders recognising their competence and contributions. Besides the talks there were scientific paper presentations, grand debate, national level competitions and a moot court on adverse events.

Along the sidelines we had ANEI Executive Committee meeting, General Body meeting and a cultural evening, filled with fun and entertainment, culminating in a gala dinner to celebrate our achievements.

I would take this opportunity to congratulate the organising team chaired by Ms. Saibala M, Director Nursing, Amrita Institute of Medical Sciences as well as the State Chapter President and Organising Secretary Ms. Manjumol VS and the organising committee members. Making an event of such proportion a reality needs meticulous planning, tremendous effort and precise execution which was carried out by ANEI officials and Executive committee members.

ANEICON 2025 was the best example of collaborating with Industry partners who made the event possible by their generous contributions. Kudos goes to the delegates who turned out from across the country in large numbers despite the odds of distance, cost and time.

It was our best show thus far and three cheers to all those who made it possible. Raising the bar each time has become a norm for ANEI which makes each members proud to be part of us. We have learned immensely from this experience and will take forward the actionable items derived which will benefit all nurses. Happy reading!

Warm regards,
Capt Ajitha Nair

President, Association of Nurse Executives India (ANEI)

Track 1 Inauguration Ceremony

ANEICON 2025

The Association of Nurse Executives in India (ANEI) conducted its Annual Conference – ANEICON 2025 – on May 30th and 31st, 2025, at the prestigious Grand Hyatt, Kochi, Kerala. The conference was conducted under the central theme: “Transformative Leadership: Harnessing Collaboration for a Healthier India.”

This landmark event brought together nursing leaders, policymakers, academicians, healthcare professionals, and industry partners from across India to deliberate on transformative leadership strategies and collaborative practices for a sustainable and efficient healthcare system.

Day 1: May 30th, 2025

The first day of the conference began with registration and networking, providing participants an excellent platform for professional interaction and knowledge exchange.

Track 1 – Inauguration Ceremony

The Inaugural Ceremony commenced with a warm welcome address, setting the tone for the two-day academic and leadership fest. The Chief Guest, Dr. Rajan N. Khobragade, Additional Chief Secretary, Health and Family Welfare, Government of Kerala, delivered the keynote address, inspiring the nursing fraternity with insights on leadership, policy reform, and collaborative healthcare models. Dr. Sona P.S., Registrar of the Kerala Nurses and Midwives Council, graced the occasion as the Guest of Honour, emphasizing the need for nurses to embrace leadership roles and innovative practices.



A key highlight of the inauguration was the presentation of the ANEI Anthem, a visionary creation by Ms. Thankam Gomez, the esteemed Founder President of ANEI. This anthem eloquently captures the spirit and core values of ANEI, serving as a powerful reminder of the dedication, excellence, and ethical responsibility expected from every ANEI member in upholding the highest standards of nursing care. The anthem was received with deep pride and heartfelt emotion by every ANEI member present. As it played, the audience stood in silence and reverence, many visibly moved as the words and melody resonated deeply with their journey and commitment to the nursing profession.

Link: <https://youtu.be/R3-XfbogdjA?si=hWl41RfWFSnNqzC>

This was followed by the prestigious Awards Ceremony, which celebrated exemplary leadership and recognized outstanding contributions in the field of nursing. Notably, the event also honoured doctors who have consistently advocated for and supported the nursing fraternity across India. The ceremony was a powerful testament to ANEI's enduring commitment to uplifting the nursing profession and fostering a culture of mutual respect and collaboration in healthcare.

ANEI Lifetime Achievement Awards 2025

ANEI conferred Lifetime Achievement Awards to three towering figures for their lifetime contributions to nursing, health systems, and interdisciplinary collaboration:

• Dr. Bimla Kapoor

Chair, Expert Committee for National Nursing & Midwifery Commission Bill; Former Director, IGNOU
For pioneering academic reforms, launching India's first distance PhD in Nursing, and shaping nursing policy and education for over four decades.



• Dr. M.I. Sahadulla

Chairman & Managing Director, KIMSHEALTH
For his unwavering support for inclusive healthcare, inter-professional collaboration, and policy advocacy



• Dr. Nomal Chandra Borah

Founder, Guwahati Neurological Research Institute & Affordable Health Mission
For revolutionizing healthcare access in Northeast India, founding the Asian Institute of Nursing Education, and mentoring thousands through low-cost, high-quality models.

ANEI Annual Awards 2025

- Trendsetter Award – Dr. S. Revathi
Assistant Professor, Ramaiah Institute of Nursing Education and Research, Bengaluru
For launching the “Let’s Talk” initiative supporting nursing students’ mental health.
- Best Nurse Leader (Academics) – Dr. Sonali Tarachand Jhadav
Dean & Principal, Ramaiah Institute of Nursing Education and Research, Bengaluru
For advancing academic excellence, curriculum innovation, and nursing research.
- Best Nurse Leader (Services) – Sr. Likhitha MSJ
Chief Nursing Officer, Amala Institute of Medical Sciences, Thrissur, Kerala
For her excellence in leading quality care, accreditation, and nurse empowerment.
- Young Leader (Services) – Ms. Rikadeisuk Suting
Quality Nurse, Supercare Hospital, Shillong
For leading safety and quality improvements and community outreach in Meghalaya.
- Young Leader (Academics) – Ms. Bhanita Barman
Assistant Professor, Assam Royal Global University
For her interdisciplinary research, student-centric teaching, and innovation.
- Young Leader of Tomorrow – Ms. Isha
BSc Nursing 4th Year, Holy Family College of Nursing, New Delhi
For clinical excellence, leadership potential, and compassionate care.



One of the most memorable milestones was the Einstein World Record Achievement, where ANEI set a record for the largest synchronized nurse training on Medication Safety, training 15,718 nurses and students across India in April 2025 using standardized scripts and coordinated delivery, showcasing the collective strength and unity of Indian nursing professionals.



Track 2

The Power of We – Building Collaborative and Complementary Healthcare Ecosystems

The Panel Discussion was chaired by Dr. MI Sahadulla, CMD KIMSHEALTH, National President, AHPI and Ms. Gracy Mathai, Group Head Quality and Governance, Baby Memorial Hospitals, Kerela. The Panelists were:

1. Mr. Durga Prasanna, Head HR, Aster DM Healthcare India
2. Dr. Elizabeth Joseph, Ex Nursing Director, Wockhardt Hospitals, Mumbai, Founder Member, ANEI



This session focused on the importance of interprofessional collaboration in healthcare. Experts discussed how teamwork among doctors, nurses, allied health professionals, and policymakers can improve patient outcomes, enhance system efficiency, and build resilience within the healthcare sector.



Track 3 Sustainability In Action – Green Leadership For Healthcare Transformation

Chaired by Col. Binu Sharma, Senior Director-Nursing, Max Healthcare, Founder Member, ANEI and Mr. Anil Kumar Vallil, Chairman, Malabar Medical College, Kozhikode and Palakkad Institute of Medical Sciences.

The session included distinguished speakers like Dr. Alexander Thomas, Founder and Patron, AHPI, CAHO, ANBAI; Chair, HELP-PHFI, Mr. Shreeganesh V. Nair, Consultant, Indian Green Buidling Council and Dr. Karan Thakur, Vice President, Sustainability and ESG, Apollo Hospitals, who addressed the gathering under the following topics.

1. Adopting Green Means in Healthcare: Need of the hour
2. Green Facility Management in Healthcare
3. Green Technology and Innovation



Discussions centered around implementing eco-friendly practices, reducing healthcare carbon footprints, and adopting green technologies for sustainable health services.

Track 4 MARSI – The Adhesive Dilemma

Led by Mr. Pinak Bhandare (Marketing Head, Essity India Pvt. Ltd.), this session addressed the often-overlooked issue of Medical Adhesive-Related Skin Injuries (MARSI). The emphasis was on the need for continuous staff education and training to ensure safe usage of adhesive products and prevent patient skin injuries. The session was moderated by Ms. Thankam Gomez, Founder President, ANEI. The members were:

1. Ms. Josephine Cyrill, Chief Nursing Officer, Sri Ganga Ram Hospital, New Delhi
2. Ms. Haritha Vijayan, General Manager, Krishna Institute of Medical Sciences, Hyderabad
3. Ms. Leena Chandravadhana, AGM Nursing Admin, HCG Hospital, Bangalore



Track 5 Grand Debate - Is The Healthcare Sector Facing A Trust Deficit?

The high-octane Grand Debate on the theme “Is the Healthcare Sector Facing a Trust Deficit?” was brilliantly moderated by Dr. Parag R. Rindani, Vice President and Group CEO, Wockhardt Hospitals. The panel brought together a powerhouse of voices from diverse backgrounds—Ms. Vijayalakshmi Venkatesh, cine actress, social worker, and healthcare advocate; Mr. Sreedhuth S. Pillai, leadership consultant; Dr. Anil Kumar Mulpur, Joint Director, Dept. of CTVS, Sri Satya Sai Institute of Higher Medical Sciences, Andhra Pradesh; and Dr. Viji George, Clinical Excellence Programme Manager, Texas Health Resources and Magnet Program Director at Texas Health Presbyterian Hospital Plano, USA.

While Dr. Anil Kumar Mulpur and Mr. Sreedhuth Pillai passionately argued that a trust deficit does exist—backed by compelling examples—Ms. Vijayalakshmi Venkatesh and Dr. Viji George countered with equal fervor, highlighting the integrity, dedication, and evolving transparency in today’s healthcare systems. Dr. Rindani skillfully navigated the fiery exchange, ensuring both sides were heard in full measure. The debate reached a thrilling climax with the audience split in their verdict—affirming that this conversation is both urgent and ongoing.



Track 6 Driving Competency and Confidence with Lippincott

Presented by Mr. Arnab Mukherjee, Senior Manager, Wolters Kluwer, who highlighted the role of digital learning platforms in enhancing clinical competence and boosting nurses' confidence in decision-making at the bedside.



Track 7 Digital Transformation Determinant of Future Healthcare

Chaired by Maj Gen Elizabeth John (Retd), Ex Addl DGMNS, Ministry of Defence, EC Member, ANEI and Dr. Latha Venkatesan, Principal, CON AIIMS, New Delhi, Founder Member, ANEI.

The following were the sessions:

1. Cyber Security Essentials for Nurses: Protecting Patient Data in Digital Era - Ms. Pavithra Sivasubramaniam, GM IT Services, Amrita Institute of Medical Sciences, Kerala
2. Improving Nurses Productivity through Digitalisation - Mr. Saji Mathew, Head IT, Baby Memorial Hospitals, Kerala



This session emphasized the need for nurses to become digitally literate, embrace technological innovations, and adapt to digital health care models for better care to the patients and ensuring confidentiality.

The first day concluded with the Annual General Body Meeting, followed by a cultural extravaganza that showcased the diverse talents of participants, fostering camaraderie and team spirit. The day ended with a lavish dinner, offering a perfect blend of learning, networking, and celebration for the ANEI members.





Track 8 Scientific Paper Presentations

Day 2: May 31st, 2025

The second day of the ANEI Conference commenced ceremoniously at 9:15 AM with the ANEI Anthem, setting a tone of unity, reflection, and professional pride.

Track 8 – Scientific Paper Presentations

This session provided a platform for researchers, faculty, and practitioners to showcase nurse-led innovations, sustainability projects, and evidence-based research outcomes.

Nine presenters delivered their scientific papers under the themes:

1. Reducing the Carbon Footprint - Nurse-Led Green Projects



2. Transformative Solutions in Action - Nurse-Led Innovations

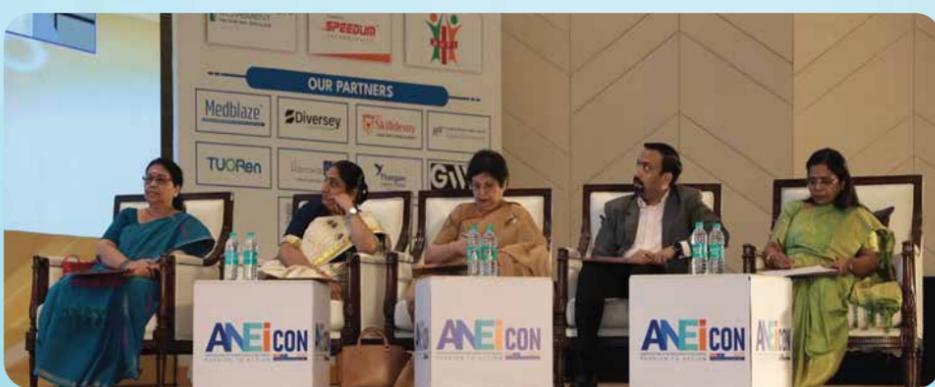


3. Innovate, Investigate, Impact - Nurse-Led Research Initiatives



These presentations were evaluated by a highly experienced jury panel:

1. Dr. Bimla Kapoor – Chair Expert Committee, National Nursing and Midwifery Commission Bill 2020, EC Member, ANEI
2. Dr. KT Moly – Principal, Amrita College of Nursing, Kochi, Kerala
3. Ms. Saibala. M – Director Nursing, Amrita Institute of Medical Sciences, Kochi, Kerala
4. Dr. Jaideep Herbert, COO, Vidyanta, Gurugram
5. Dr. Shoba Gaikwad, Principal, SNTD College of Nursing, Mumbai



Track 9 Leading Through Emerging Healthcare Challenges

Chaired by Dr. Rebecca Samson, Former Dean, PIMS CON, Puducherry, Founder Member, ANEI and Col. Rajesh Nair, CEO Smita Memorial Hospital, Thodupuzha, Kerala.

This session focused on urgent healthcare issues such as antimicrobial resistance, competency development, and emergency preparedness in healthcare settings. Speakers included Dr. Anita Sharma, Sr. Consultant Microbiology, Head Lab Medicine, Fortis Hospital, Mohali, Capt. Madhukari Ray, Regional Nursing Director, Apollo Hospitals, West Bengal and Lt. Col. Sandhya V. Nair, Nursing Superintendent, Medanta, Gurugram.



Track 10

Navigating Leadership Challenges – Beyond Numbers: Rebuilding Stability Through Strategic Workforce Planning

The three finalists teams from esteemed hospitals participated in this challenge and addressed the need of the hour with efficient strategies.



This session had an expert jury:

1. Dr. Jothi Clara Michael, Founder, Health Bridge, First Vice President, ANEI
2. Mr. Renjith Krishnan, Group CEO, Kinder Hospitals, Kerala
3. Capt. Thangam Rajarathinam, Member ANEI, CNO, Aster DM Healthcare India



Track II Industry Partner Sessions

This segment brought industry leaders and technology experts together.

- Dr. Balamurali R.B. (3M India): Innovations in skin protection solutions.
- Mr. Sachin Indane (Isansys): Smart patient monitoring technologies, showcasing how digital monitoring enhances patient safety and care delivery.



Track 12 Moot Court Session

A compelling simulated courtroom trial was conducted by Dr. Elizabeth Varkey, Chief Nursing Officer at Baby Memorial Hospitals, Kerala, along with her team. This thought-provoking session adopted a Moot Court format, creatively addressing critical issues surrounding patient safety during intra-hospital transfers.

The simulation provided participants with a realistic and practical understanding of the legal and ethical implications in clinical settings. Emphasis was placed on the importance of effective communication, accurate documentation, and the pivotal role of nurses in upholding professional standards and accountability in nursing practice.





Track 13 Valedictory Session

The Valedictory Session of ANEICON 2025 was graced by Ms. Vijayalakshmi Venkatesh, a renowned Cine Actress, Social Worker, and Healthcare Advocate, as the Chief Guest. Her inspiring address emphasized the importance of compassion, advocacy, and community engagement in advancing healthcare delivery and patient safety.



A key highlight of this session was the distribution of prizes to the presenters of the Scientific Paper Presentations, appreciating their contributions towards nursing research, innovation, and sustainability in healthcare.

Another proud and memorable moment was the graduation ceremony of the Patient Safety Fellows – Cohort 2. This prestigious fellowship program culminated in a formal certificate distribution, recognizing the fellows for their dedication and completion of the training.



In recognition of excellence in chapter activities and contributions, the ANEI Best Chapter Award for 2025 was conferred on the Kerala Chapter, applauding their leadership, engagement, and outstanding participation in ANEI initiatives.



The ANEICON 2025 was a resounding success, bringing to light the evolving and pivotal roles nurses play as leaders, researchers, educators, innovators, and patient safety advocates in India's healthcare system.

The conference served as a platform for sharing best practices, building professional networks, and encouraging leadership development in nursing. With themes ranging from sustainability, digital transformation, workforce planning, to ethical leadership, the event truly captured the spirit of Transformative Leadership for a healthier India.

All delegates departed with a renewed sense of purpose, ready to champion positive change, innovation, and excellence in nursing practice across the country.



"We Would
Love To
Hear From You"



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